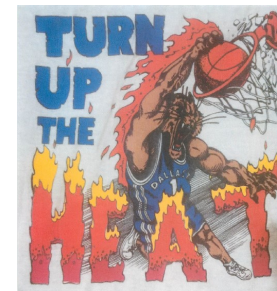




# November 2018



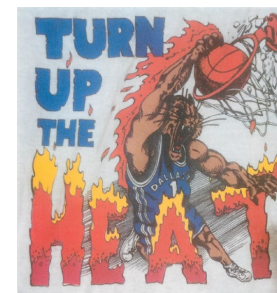
## DALLASTOWN LADY WILDCATS VARSITY AND JV SCHEDULE

| Sun   | Mon  | Tue   | Wed  | Thu  | Fri   | Sat   |
|---|--|---|--|--|---|---|
| <b>Three things you can control everyday are your attitude, your effort, and your actions to be a great teammate.</b> |  |   |  | 1  | 2   | 3   |
| 4   | 5<br><b>MANDATORY<br/>Parent Meeting<br/>6:00pm</b> in the High School Cafeteria | 6   | 7  | 8  | 9   | 10  |
| 11  | 12<br><b><u>Player Packets</u><br/>Due TODAY<br/>In Room 268</b>                 | 13  | 14<br><b>Arrive 20 minutes early if you need to see the trainer before practice.</b>     | 15   | 16<br><b>TRYOUTS</b><br>6:00 - 9:00pm<br>in High School Gym                                       | 17<br><b>TRYOUTS</b><br>8:00-10:30am<br>in High School Gym      |
| 18  | 19<br><b>TRYOUTS</b><br>6:00 - 9:00pm<br>in High School Gym                      | 20<br>Practice<br>3:15 - 6:00pm<br>in High School Gym | 21<br><b>Varsity Practice</b><br>8:00-11:00am<br><hr/> <b>JV Practice</b><br>4:00-6:00pm | 22<br><b>Thanksgiving</b><br> | 23<br>Practice<br>8:00 - 11:00am<br>in High School Gym<br><b>Hand Out Uniforms after practice</b> | 24<br><b>Scrimmage at Kennard Dale</b><br>Depart: <b>8:53am</b> |
| 25<br><b>Picture Day</b><br>In<br><b>High School Gym</b>  | 26<br>Practice<br>10:00am—12:00<br>in High School Gym                            | 27<br>Practice<br>3:15 - 6:00pm<br>in High School Gym | 28<br>Practice<br>6:00 - 9:00pm<br>in High School Gym                                    | 29<br>Practice<br>3:15- 6:00pm<br>in High School Gym<br><hr/> <b>Meet the Team</b><br>7:00pm                       | 30<br>Practice<br>3:15 - 6:00pm<br>in High School Gym   |   |



# December 2018

## DALLASTOWN LADY WILDCATS VARSITY AND JV SCHEDULE

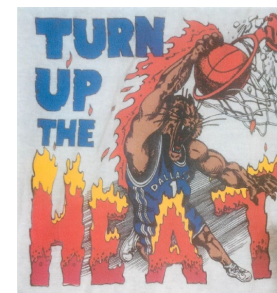


| Sun   | Mon   | Tue  | Wed   | Thu  | Fri   | Sat  |
|---|---|--|---|--|---|--|
|   | <b>Remember....</b><br><b>It's about progress not perfection</b>    |  |   |  |   | <i>1</i><br>Practice<br>8:00-11:00am<br>In High School Gym   |
| <i>2</i>  | <i>3</i><br><b>Scrimmage</b><br><b>Elizabethtown</b><br>Home 6:00pm | <i>4</i><br>Practice<br>3:15 - 6:00pm<br>in High School Gym                                      | <i>5</i><br>Practice<br>6:00 - 9:00pm<br>in High School Gym                         | <i>6</i><br>Practice<br>6:00 - 9:00pm<br>in High School Gym  | <i>7</i><br><b>Hempfield</b><br><b>Tip Off</b><br>vs Central Dauphin<br>Depart: <b>4:12pm</b> | <i>8</i><br>Practice 8:30-9:30am<br>JV game vs Hempfield 3pm<br><b>Hempfield</b><br><b>Tip Off</b><br>Depart: <b>TBA</b> |
| <i>9</i>  | <i>10</i><br>Practice<br>6:00 - 9:00pm<br>in High School Gym        | <i>11</i><br><b>Conestoga Valley</b><br>Home   | <i>12</i><br>Practice<br>3:15 - 6:00pm<br>in High School Gym                        | <i>13</i><br>Practice<br>3:15 - 6:00pm<br>in High School Gym | <i>14</i><br><b>York High</b><br>Home<br>Youth Night  | <i>15</i><br>Walk Thru 1:00pm<br><b>Lower Dauphin</b><br>JV -4:30pm Varsity -6:00pm<br>Depart: <b>2:22pm</b>             |
| <i>16</i>   | <i>17</i><br>Practice<br>6:00 - 9:00pm<br>in High School Gym        | <i>18</i><br><b>New Oxford</b><br>Depart: <b>4:06pm</b>  | <i>19</i><br>Practice<br>4:00-6:00pm<br><b>in Intermediate</b><br><b>School Gym</b> | <i>20</i><br>Practice<br>6:00 - 9:00pm<br>in High School Gym | <i>21</i><br><b>Southwestern</b><br>Depart: <b>4:14pm</b>                                     | <i>22</i><br>Practice<br>8:00-10:00am<br>In High School Gym  |
| <i>23</i>   | <i>24</i><br>No<br>Practice   | <i>25</i><br> | <i>26</i><br>Practice<br>8:00-10:00am<br>In High School Gym                         | <i>27</i><br>Practice<br>8:00-10:00am<br>In High School Gym  | <i>28</i><br><b>C.D. East</b><br>Home   | <i>29</i><br>Practice<br>9:00-11:00am<br>In High School Gym  |
| <i>30</i><br> <b>JV/Varsity</b><br><b>Holiday Party</b><br><b>at</b><br><b>Coach Rexroth's House</b> | <i>31</i><br>Practice<br>8:00-10:00am<br>In High School Gym         |  |   | <b>Good Players</b><br><b>Inspire Themselves</b>             |   | <b>Great Players</b><br><b>Inspire Others</b>  |



# January 2019

## DALLASTOWN LADY WILDCATS VARSITY AND JV SCHEDULE

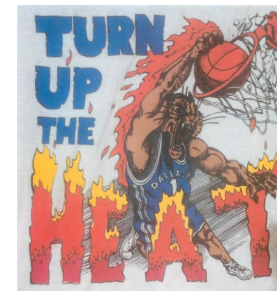


| Sun  | Mon   | Tue  | Wed  | Thu  | Fri  | Sat   |
|--|---|--|--|--|--|---|
| <b>Focus on the next step, not how many steps there are.....</b> |   | 1  | 2 Varsity Walk Thru 3:15-4:30pm in Middle School Gym<br><br>Susquehannock Home | 3 Practice 6:30 - 9:00pm<br><i>in Middle School Gym</i>  | 4 Spring Grove Home<br><br>Teacher Appreciation          | 5 Practice 8:30-10:00am<br><b>Penn Manor</b><br>Depart: <b>4:04pm</b>                           |
| 6  | 7 Practice 6:00 - 9:00pm<br>in High School Gym              | 8 Red Lion Home<br>JV 4:30pm in MS<br>Varsity 7:30pm in HS | 9 Practice 3:15 - 6:00pm<br>in High School Gym                                 | 10 Practice 3:15 - 6:00pm<br>in High School Gym          | 11 Central York Home                                     | 12 Practice 8:00 - 10:00am<br><i>in Middle School Gym</i>                                       |
| 13   | 14 Varsity Practice 9:00-11:00am<br>JV Practice 3:30-5:00pm | 15 Practice 3:15 - 6:00pm<br>in High School Gym            | 16 York High<br>Depart: <b>4:39pm</b>  | 17 Practice 3:15 - 6:00pm<br><i>in Middle School Gym</i> | 18 New Oxford Home<br><br>Youth Night                    | 19 Practice 8:30-10:00am<br>In Middle School Gym<br><b>Cedar Crest</b><br>Depart: <b>3:41pm</b> |
| 20   | 21 Practice 9:00-11:00am<br>In High School Gym              | 22 Southwestern Home                                       | 23 Practice 6:00 - 9:00pm<br>in High School Gym                                | 24 Practice 3:15 - 6:00pm<br>in High School Gym          | 25 Spring Grove<br>Depart: <b>4:23pm</b>                 | 26 Practice 8:30-10:00am<br><b>Governor Mifflin</b><br>Depart: <b>3:38pm</b>                    |
| 27   | 28 Practice 6:00 - 9:00pm<br>in High School Gym             | 29 Red Lion<br>Depart: 3:22pm                              | 30 Practice 6:00 - 9:00pm<br>in High School Gym                                | 31 Practice 3:15 - 6:00pm<br>in High School Gym          | <b>Great moments are born from great opportunities!!</b> |   |



# February 2019

## DALLASTOWN LADY WILDCATS VARSITY AND JV SCHEDULE



| Sun  | Mon   | Tue  | Wed   | Thu   | Fri   | Sat |
|--|---|--|---|---|---|-----|
|  | <b><i>Great teams care more. They care more about their effort, their work and their teammates.</i></b> |  |   |   | 1<br>Central York<br>Depart: 4:28pm               | 2   |
| 3<br>Practice<br>3:00 - 5:00pm<br>in High School Gym | 4<br>Shippensburg<br>Home<br><br>Senior Night   | 5<br>Practice<br>3:15-5:30pm<br>In High School Gym | 6<br>Practice<br>3:15-5:30pm<br>In High School Gym  | 7<br>Practice<br>6:00-8:00pm<br>In High School Gym    | 8<br>YAIAA Playoffs<br>First Round<br>Depart: TBA | 9   |
| 10   | 11<br>Practice<br>6:00-8:00pm<br>In High School Gym   | 12<br>YAIAA Playoffs<br>Semi-Finals<br>Depart: TBA | 13<br>Practice<br>6:00-8:00pm<br>In High School Gym | 14<br>YAIAA Playoffs<br>Finals<br>Depart: TBA         | 15  | 16  |
| 17   | 18<br>District 3 Playoffs<br>First Round<br>Depart: TBA   | 19   | 20  | 21<br>District 3 Playoffs<br>2nd Round<br>Depart: TBA | 22  | 23  |
| 24   | 25  | 26   | 27  | 28  |   |     |

# March 2019

## DALLASTOWN LADY WILDCATS VARSITY AND JV SCHEDULE

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     | 1   | 2   |
| 3   | 4   | 5   | 6   | 7   | 8   | 9   |
| 10  | 11  | 12  | 13  | 14  | 15  | 16  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| 31  |     |     |     |     |     |     |